

# BE MORE EFFICIENT WITH YOUR ENERGY.

## EASY WAYS TO SAVE



### APPLIANCES & ELECTRONICS

- Unplug devices or use a smart power strip.
- Choose ENERGY STAR-rated appliances.
- Run dishwashers and washing machines with full loads.
- Use cold water for laundry.



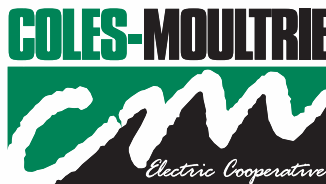
### HEATING & COOLING

- Adjust thermostats by a few degrees.
- Use programmable or smart thermostats for automatic adjustments.
- Seal air leaks around doors and windows.
- Use ceiling fans to circulate air and reduce heating/cooling load.



### COOKING

- Use a microwave, air fryer or toaster oven for small meals.
- Match pot size to burner size to avoid wasting heat.
- Avoid opening oven door. Each peek loses heat.



Your Touchstone Energy® Cooperative 