

# JAMMUP

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Your Touchstone Energy® Partner 

## Preparing for a Fun, SAFE Summer!

**I**t's time to get prepared for summer fun and to make memories that will last a lifetime! As our families get ready for swimming, camping, ballgames, trips to the park, and generally more time spent outdoors, keep safety in your plans.

For safe outdoor play, we recommend children and adults follow these rules:

- **Look up and live!** Always be aware of the location of power lines, particularly when using long tools like ladders and pool skimmers.
- **Never climb trees near power lines!** Even if the power lines aren't touching the tree, they may become closer when more weight is added to the branch.
- **Fly kites and model airplanes safely away from trees and overhead power lines!** If a kite gets tangled in a tree that's near power lines, don't climb up to get it. Contact SIEC for assistance.
- **Never go into an electric substation!** Electric substations contain high-voltage equipment, which can kill you. Don't retrieve a toy or rescue a pet that goes inside. Call SIEC instead.
- **Water and electricity never mix!** Keep electronics like radios away from pools and hot tubs, and watch for overhead power

lines when cleaning pools, boating or fishing. Never install pools underneath or near power lines.

- **Stay away from electrical equipment on the ground and overhead!** Never climb a utility pole or tower. Don't play on or around pad-mounted electrical equipment. Electrical power poles, guy wires and other utility equipment should never be used as a playground.

Be careful when using electrical appliances outdoors. Whether it is a bug zapper, electric charcoal lighter, radio or CD player, caution must be exercised. Use outlets that have weatherproof covers and ground fault circuit interrupters (GFCI) to prevent serious shock injuries. Use portable GFCIs for outdoor outlets that don't have them.

Supervise the use of extension cords outside, check them carefully for exposed wires; make sure they are in good shape, and not frayed or cracked. Use only extension cords rated and marked for outdoor use, and are large enough to handle the current needed for the device you



are using. Check that the prongs on the extension cord plugs are clean, not broken or bent. Make sure the ground prong is intact in a three-prong plug, and avoid use of adapters.

Summer can signal an increase in accidents and injuries. Keep emergency and utility numbers close at hand. **Patricia Ann Agee**

Remember, accidents and injuries are unexpected. Be prepared and proactive to make sure your family has great memories.

# Miss Southern Illinois Electric Cooperative

## Pageant Rules and Entry Form

Southern Illinois Electric Cooperative is seeking entrants for the pageant held in conjunction with the annual meeting of members, Thursday, August 8, 2013 at Shawnee Community College in Ullin.

1. Entrant must live (full time) in a home served by Southern Illinois Electric Cooperative.
2. Entrant must be 16-22 years of age, never married and has not given birth.
3. Previous first place winners are not eligible.
4. Candidates will appear in gowns and one-piece swimsuits (no extreme cuts).

<ul style="list-style-type: none"> <li>• <b>Miss SIEC will receive the following:</b> \$1,000 college scholarship, crown, serving tray and sash.</li> </ul>
<ul style="list-style-type: none"> <li>• <b>First Runner-Up will receive:</b> \$100 cash, serving tray and a gift.</li> </ul>
<ul style="list-style-type: none"> <li>• <b>Second Runner-Up will receive:</b> \$75 cash, serving tray and a gift.</li> </ul>
<ul style="list-style-type: none"> <li>• <b>Consolation prize:</b> \$50 cash to each non-winner.</li> </ul>
<ul style="list-style-type: none"> <li>• <b>Miss Congeniality:</b> serving tray to winner chosen by contestants.</li> </ul>

Contestants will be judged as follows:		
INTERVIEW-40%	SWIMSUIT-30%	EVENING GOWN-30%
General Knowledge -10%	Beauty-10%	Beauty-10%
Acheivement-10%	Poise-10%	Charm-10%
Vocabulary-10%	Posture-10%	Grace 10%
Voice 10%		



## Pageant Entry

### Residency Affidavit

I agree to abide by the contest rules as set forth and herewith give my permission for the Southern Illinois Electric Cooperative to use my picture and name for any contest publicity.

I further certify that I am a resident in a home served by Southern Illinois Electric Cooperative.

*(Failure to comply with these rules will void the decision of the judges.)*

### Deadline: July 15, 2013

Print Name \_\_\_\_\_

Birthdate \_\_\_\_\_ Age \_\_\_\_\_

Street/Route \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Parents \_\_\_\_\_

Account Number \_\_\_\_\_

Phone \_\_\_\_\_ Cellular \_\_\_\_\_

E-mail \_\_\_\_\_

Signature \_\_\_\_\_

# Miss SIEC 2012 – Emily Travis

## What was it like being Miss SIEC this past year?

This year has been marked with moments of thorough excitement and moments of reverence and awe. Between the exhilaration of school, travels, and treasures of pageantry and with the imminent changes in legislation and devastating events that have brought us to our knees, I am reminded of the importance of small-community values. I am a southern girl, always have been, and always will be, and that is part of what made this year so special. Though the north may forget about us, we possess a small community humility that seems to ground even the most restless of hearts, and the heart of this sweet tea loving, farm girl will always be grateful for the year she was Miss *Southern Illinois Electric Cooperative* 2013.

## What advice can you offer the 2013 Miss SIEC queen candidates?

Only one girl will be Miss *Southern Illinois Electric Cooperative* 2013, but young ladies, remember, it is not about the pursuit of the crown—you already have one! You are a daughter of the King, and there is no crown more special. You do not have to be Miss SIEC 2013 to be a servant; you already have a kingdom to serve. Go back into your communities continuing to be a bright example you already are, striving to be the very best you. Just as you are, you were called for a purpose and God wants to use you—just as you are. So ladies, winner or not, the plan for your life has already been set and because of the Creator of all, your journey has just begun. **Donald James Reimbold**

## Describe how you have benefited as our queen?

Education is something that I value deeply, and I consider it to be a gift. To be able to attain a scholarship for this gift is a privilege most appreciated. Ascertaining exactly who you are (in those guarded and unguarded

moments) is something that stems from pageantry. You grow in confidence, in skill and ultimately, in spirit. You must learn that you cannot do anything while relying solely on your own limited power. Determination breeds strength and strength, founded in meekness, leadership.

## What activities you have been involved with this past year?

In February, I traveled to Vancouver, BC to deliver an address at the 5<sup>th</sup> International Conference on Fetal Alcohol Spectrum Disorders. Speaking to delegates from nearly thirty countries and the president of the World Health Organization, I was able to share my personal story while ascertaining from the latest research from experts from around the globe. Representing the National Organization on Fetal Alcohol Syndrome, I also spoke at various conferences, banquets and events, including an alternative school in East St. Louis. Weekly, I volunteer at a pregnancy crisis center as a counselor for the Hispanic clients. During the summer, I travel to a village right outside Monterrey, Mexico where the children of La Isla steal my heart.

## What are your college plans?

Presently, I am a senior at Mid-Continent University with a major in psychology and counseling and minor in Christian ministries. Upon graduation, I wish to attend a graduate university to obtain a master's degree in psychology and neuroscience, simultaneously partaking in a specialty program for Christian sex therapy. Succeeding the master's program, I plan to enter the doctorate program for clinical psychology.

## What are your career plans?

I believe by earning my PhD in Neuropsychology, I will be answering the call of God on my life. Researching the very thing with which I have been



diagnosed is what I desire to do, and I feel will be very gratifying. In conjunction with researching Fetal Alcohol Spectrum Disorders (FASD), I hope to open my own practice and reach out to the Hispanic community and thus eliminating the need of a translator in the counseling room.

## Is there anything else you would like for our readers to know about you?

In 2008, I was blessed with the opportunity to represent the state of Illinois as Miss Illinois Outstanding Teen for the Miss American Organization where I garnered the overall talent award with a classical piano piece. It was also in this year I made connections for education and advocacy for FASDs. I now travel internationally with one message in mind: prevent this epidemic from spreading, and to inspire when it is too late. I have filmed documentaries with Washington University, filmed a PSA in front of the White House and soon I will be documenting a story with CNN news network to speak this message of hope! Concurrently, I worked as a model for a QVC makeup line, Be Your Best Friend, inspiring genuine personality—true beauty.

In conclusion, He has always had something bigger for me, despite myself and despite my weaknesses. So no matter who you are, where you are or the situations you might have faced, because God has the power to use those situations for a plan much larger than we may ever comprehend.



It's a busy spring at SIEC with electricity education. Pictured above left: John Harris uses our old farm and home safety model for K-2 students at Shawnee South in McClure. Above right: Mike Logeman educates local Jr. High students at SCC for Earth Day, explaining electricity sources, safety and the benefits of southern Illinois coal. Damon L. Woodruff

**See page 9 for an important Touchstone Energy announcement!**

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**For Outages Call:  
800-762-1400 \* 618-827-3555**

**SIEC Annual Meeting of Members**

**Thursday, August 8, 2013  
Shawnee Community College**

*Early bird prizes, Registration credits on electric bills, Miss SIEC Pageant, 75th Anniversary Video, Door Prizes, Lite 4 Bite Program (donate your canned good for free CFLs), New Co-op Connections Card Program, and more!*



**Member prize**



In this issue of the JAMUP, we printed the names of three SIEC members who are eligible to receive a \$10 credit toward their utility bill. If you find your name printed in this center section and it's not part of the story, call Jerri with your account number at **800-762-1400** to claim your prize.

**Southern Illinois Electric Cooperative**

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