

Illinois State Fair  
August 10-19

*Illinois*  
**REN.**  
RURAL ELECTRIC NEWS

August, 1973



### Windmills Makes a Comeback

There's an enterprising fellow over in eastern Maine who finds a lot of good in an ill wind, and every other kind of wind that blows.

Henry Clews has rediscovered the windmill, and he has one working for him day and night—as long as the wind blows—producing just about all the electric power his rural household requires. His wind-powered generation unit provides enough electricity for six or eight 75-watt light bulbs every evening, radio, television, stereo, electric typewriter, blender, toaster, vacuum cleaner, power saw, drill and a one-third horsepower deepwell pump.

Remember the monthly electric bill?

“What's that?” Henry asks.

### Bill Aims at Oil Company Monopoly

Senator James Abourezk of South Dakota and Representative Les Aspin of Wisconsin, recently introduced legislation “to break the back of big oil monopoly power.”

The bills would limit any single company to operations in only one of the four phases of the oil industry: production, refining, transportation by pipeline or marketing.

“At present, big oil controls the petroleum industry from the oil well to the gasoline pump—limiting competition and providing the opportunity for extensive abuse at the consumer's expense,” Abourezk and Aspin said.

They add: “The present near-monopoly is simply incompatible with a free enterprise system.

“The major oil companies not only did too little to avoid the current energy crisis and gasoline shortage but as a result of their nearly monopolistic power, they also profited from the crisis by driving independent operators out of business and boosted their own earnings by substantially raising prices to consumers.”

Their bill would require the organization of separate totally independent corporations to produce, refine, transport by pipeline and market petroleum products.

It would also outlaw existing interlocking directorates which permit bank officials to serve on more than one major oil company's board of directors.

According to the proposed legislation, a refining company would be forced to purchase at least 75 percent of the crude oil it processes from another corporation. At present, major companies either refine crude oil that they produce or swap with another major company.

Similarly, an oil pipeline could never carry any petroleum products which the pipeline company actually owned. In addition, no crude oil producer, refiner or pipeline owner could engage in the marketing of petroleum.

“Since the major oil companies appear to be the chief beneficiaries of the energy crisis, legislation is needed to curb their power and to provide competition,” the two said. “Real competition in the petroleum industry will foster new oil discoveries and reasonable consumer prices.”

# Illinois Rural Electric News

August, 1973

RON JENKINS, *Editor*

RICHARD D. HANEY, *Associate Editor*

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COVER—It's Illinois State Fair time again as the thrill and excitement of the giant exposition is sure to attract hundreds of thousands of fairgoers. Plan to attend August 10-19. Cover photo and photo on page 8 are provided courtesy of Illinois State Fair Agency.

## Legislative Retrospect

To call the recent 78th Illinois General Assembly session turbulent might be, in some quarters, considered an understatement.

And although almost everyone agrees the relationship between the executive and legislative branches could have been more harmonious, several major pieces of legislation were enacted.

Out of the 3,210 bills introduced, about 1,100 were passed. Three bills in particular, which at this time have not been signed by Governor Walker, hold a very significant impact on the future of Illinois electric cooperatives.

House Bill 43, sponsored by Rep. Webber Borchers of Decatur, amends the Environmental Protection Act. It provides that the Pollution Control Board cannot regulate or prohibit the open burning of leaves, brush, trees or other natural vegetation.

Illinois electric cooperatives believe that permitting them to burn brush and other vegetation along their lines will not have a significant adverse affect on the environment and will enable them to continue to provide adequate electric service to their customers at a reasonable price.

House Bill 541, sponsored by Rep. James D. Holloway of Sparta, amends the Electric Supplier Act. It ensures that the Illinois Commerce Commission will continue to have the same jurisdiction over the electric cooperatives under the Electric Supplier Act as it had under the old Illinois Constitution of 1870. If House Bill 541 isn't signed, home rule units of local government could assume the same jurisdiction over electric cooperatives that the Illinois Commerce Commission presently exercises. We can only imagine the utter chaos that could result.

House Bill 763, sponsored by Rep. Richard O. Hart of Benton, also amends the Environmental Protection Act. Its basic purpose is to permit the continued use of Illinois coal for the production of electricity.

The bill would postpone implementation of Rule 204 adopted by the Pollution Control Board. Rule 204 restricts the use of high-sulphur coal by electric utilities. Unfortunately, most of Illinois' coal is of a high sulphur content.

If Rule 204 is allowed to stand, it will have an overwhelming adverse impact on labor, industry, revenue to the State, and the cost of electricity for the consumer.

These three bills, along with several others, will be watched closely by electric cooperative leaders as they pass across the Governor's desk.

And as each bill is signed or vetoed, electric cooperative leaders will have only one thing in mind—how will this bill affect their future service to you?

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Lester Summer, 66, puts the finishing touches on the bee castle at the Christian County Historical Society's museum.

# Feeling Useful Again

by Ron Jenkins

**According to the U.S. Department of Labor, millions of elderly rural people live in America on incomes that are too low to keep body and soul together. But thanks to a federal work program called Green Thumb, many of these people are finding a new ray of hope in their "Golden Years."**

The hand-laid brick sidewalk in a beautiful herringbone pattern slowly winds its way around the Christian County Historical Society's museum in Taylorville.

Part of the old sidewalk was under six inches of soil. It looks like it was a back breaking job. The local Green Thumb crew laid it. Their average age—69.

Green Thumb is sponsored by the National Farmers Union, a membership organization of farm families, and operates under a grant by the U.S. Department of Labor as part of its "Operation Mainstream." Currently, \$9 million is annually budgeted for Green Thumb and one other Mainstream program—On-the-Job Training for persons 45 and over.

"Green Thumb was started in 1965 by the Federal government as a work program to alleviate poverty among the nation's elderly rural poor," Jack Horning, director of Green Thumb in Illinois, said.

Some of these people are living on less than \$80 a month. The average income per couple is a mere \$900 a year.

Frequently they are unable to work full time. They feel useless and rejected. Under these conditions, bills pile up and their situation worsens.

But thanks to Green Thumb, 85 Illinois citizens and around 3,500 elderly persons nationwide have escaped from this vicious cycle.

Green Thumbers work three 8-hour days per week. At \$1.60 an hour, they can earn up to \$1,600 in a year. This is an annual income level that does not disqualify them from Social Security benefits. Many Green Thumbers receive only the minimum retirement benefit, which at age 65 is \$84.50 a month; \$67.50 if claimed at 62.

"Most of our workers are retired tenant farmers," Horning said. "They're especially hard-pressed in their retirement years. Farmers in general were not eligible for social security benefits until the 1950s."

The program is a year old in Illinois. Illinois Green Thumbers work in 11 central and southern Illinois

counties: Clay, Christian, Effingham, Fayette, Franklin, Jefferson, Montgomery, Moultrie, Sangamon, Shelby and Williamson. According to Horning, many Green Thumbers are electric cooperative members.

The average age of Illinois Green Thumbers is 68 (one is 85) and the average length of unemployment before joining Green Thumb is 53 weeks.

Nearly all of the Green Thumbers are men although the program is open to women, too. And even though the program was developed to assist the rural elderly poor, the communities in which Green Thumbers work are also reaping some of the benefits.

"Many of the jobs we do wouldn't be done if it wasn't for us," Horning claimed. "It's hard manual work. Besides, some of the small towns and groups we work for just don't have the money."

Jobs like landscaping the old depot at Vandalia—building new picnic tables at Benton Lake—painting the Court House in Shelbyville—or repairing the building at the Ef-

ingham County Fair Grounds in Altamont are a few examples.

Green Thumb is funded exclusively to provide labor. Materials needed for any job must come from local sources—private donors, fund raising proceeds or government agencies.

In Brownstown, Green Thumbers built a new kitchen for the day care center operated by local women in the town's civic club. The women had to take a loan to buy the materials and have held fund raising projects ever since to pay back the money.

Ralph Fletcher, area foreman from Hillsboro, is proud of his men and their work. At 68, he was one of the first Horning hired.

"Old Fletch use to pull into some small town and ask where did the old men hang out," Horning said with a grin. "He would walk right over to them and say, 'Hey, any of you guys want a job.' It wasn't hard to find takers."

"It's good to see these men working again," Fletcher adds. "You can tell they feel useful again. It gets pretty depressing sometimes just kill-

ing time after you have retired."

"It takes something a little special to be a Green Thumber," he went on to say. "These men could be on public aid, but no, they would rather work for their money. I think it's good for them—both mentally and physically."

One of the elder Green Thumbers live in a shelter care home. Horning said he was somewhat reluctant to give him a job, however, the doctors assured him that all the man needed was to feel useful again. Today, his health is said to be improved.

So far, the Green Thumb program has been a great success in Illinois and across the nation. Not only does it provide elderly rural persons with an income they so desperately need, it provides a service to the community that otherwise would not be provided.

If the program did nothing more than help build back some of the self-respect and eliminate some of the boredom that many older Americans face, it would still be considered a huge success.



Sidney "Dad" Hubbs, 84, talks with Ralph Fletcher, area foreman. Hubbs used to be a night watchman for a high school. "They said I was too old to work anymore. Guess I fooled 'em, didn't I?"

Phil Swiney, 56, was out of work for nine months because of an eye disability before he joined Green Thumb.



*"We are indeed in a period when environmental concern and rhetoric are being translated, in thousands of ways throughout our society, into concrete action. . . ."*—Thomas F. Williams, U.S. Environmental Protection Agency

## Lake Shelbyville

by Richard D. Haney

Upon first thought, one might think that Lake Shelbyville is just like any other lake. But not after you've spent a while experiencing its tranquility.

The lake's awesomeness is a new kind of engulfment. A sense of freedom, a feeling of adventure, perhaps an escape. Whatever the sensation, Lake Shelbyville's natural, wilderness-like atmosphere provides its own sort of soothingness. A soothingness interrupted only by the passing of a motorboat and then regained with the chirping of birds from the timberline.

Viewed by many as one of the





*Shelby Electric Cooperative, Shelbyville, provides power to operate the gates of the Shelbyville dam. The dam's minimum flow is 50 cubic feet of water per second with as much as 1,200 cubic feet per second following a heavy rainfall.*

best lake developments in mid-America, Lake Shelbyville was planned and designed to maintain its natural environment along its 250 miles of shoreline containing hundreds of hide-away inlets.

It's a deep lake covering 11,100 acres. There's plenty of room for boating, water skiing, fishing and just plain ol' relaxation.

"Lake Shelbyville is the best thing since popcorn," exclaimed Larry Meier, park manager, U.S. Army Corps of Engineers, Shelbyville.

"The lake was planned to exclude residential or commercial development from at least 900 feet of the shoreline," Meier pointed out. "The natural beauty of the Lake will be here for generations and generations to come. This in itself will attract more and more tourists to the area."

William E. LeCrone, manager of Shelby Electric Cooperative which serves electric power to the lake and the surrounding countryside, told of the growth resulting from the lake's development.

"Lake Shelbyville has been in existence for three years," LeCrone commented, "and during that time

we've seen an increase in rural housing development, particularly small subdivisions."

LeCrone, who was mayor of Shelbyville for eight years, said that during the month of June there was more construction and building going on than at any other time since World War Two.

"Not only is the tourist trade adding to the local economy," LeCrone said, "but we're also getting an increase in retired people moving to the area. And some people are building summer homes for vacation and weekend living."

Shelbyville Mayor John Heinlein shared similar feelings. He pointed out that Shelbyville's population is expected to double to 10,000 during the next ten years.

"Not only is Shelbyville attracting new residents and weekend tourists, but it's also being noticed by industrial firms," Heinlein said.

The mayor indicated that several subdivision developers in the rural areas are requesting water from the City's 26 miles of waterline which extends through some of the rural areas. He also added that a new

four lane highway is planned from Shelbyville to the lake and that it would eventually link with Mattoon, some 20 miles away.

One reason why people from neighboring cities would visit Lake Shelbyville quite frequently is because of the development of two state parks on the lake with overnight camping facilities.

Neighboring communities are also experiencing a change in their life styles. Farm homes are being transformed into commercial establishments for fishing baits and supplies to supplement a few marinas which have been approved for the lake. Others are becoming sites for small subdivisions or camping grounds.

It's obvious that a lake is more than a lake. It's a boost for local economy. A place for recreational fun and relaxation. A retreat area to escape the everyday humdrum.

Whatever your reason—or whichever of the many Illinois lakes you choose to visit—consider the comfortable relaxation a lake provides. A lake doesn't have to be like any other lake. And Lake Shelbyville isn't!

*The biggest*

*and best yet . . .*

# 1973 Illinois State Fair

“Come Smile with Us.” That’s the invitation extended by the people working with the 1973 Illinois State Fair.

“We’re trying to put on the best fair we can. One which will get the public involved,” commented State Fair Manager Bob Park.

The fair, which starts August 10 and continues through the 19th, will have a preview day August 9. And with a minimum gate fee admission, a family can enjoy for free the many shows and all grandstand performances, except the auto races, which require tickets.

“With our free admission philosophy, attendance for the grandstand shows has increased from 2,000 to more than 10,000 spectators,” Park pointed out. That is, he added, with the exception of the Sonny and Cher show last year which attracted more than 50,000.

“This year we’ve lined up good well-balanced family entertainment for the grandstand shows,” Park said. He referred to the return engagement of the 5th Dimension and to other performers: Jim Nabors, Doc Severinsen, Charley Pride, Seals & Crofts, Loggins and Messina, the Grand Ole Opry with Tammy Wynette, and the RCA Rodeo featuring Bobby Goldsboro.

Children’s World will again be in the spotlight with the fantasy of the Elf Magic Show, the story book barnyard, the animal petting zoo and the excitement of a circus.

“We’ve done what we can to accommodate the increasing interest in horse shows,” Park emphasized. The manager said that the 4-H Horse Show had tripled in entries and that over 600 horses are entered in the western and pleasure division.

In addition, the Hunter and Jumper horse show will make its debut at the Illinois State Fair. All divisions are rated “A” which permits qualification toward the national showmanship point system.

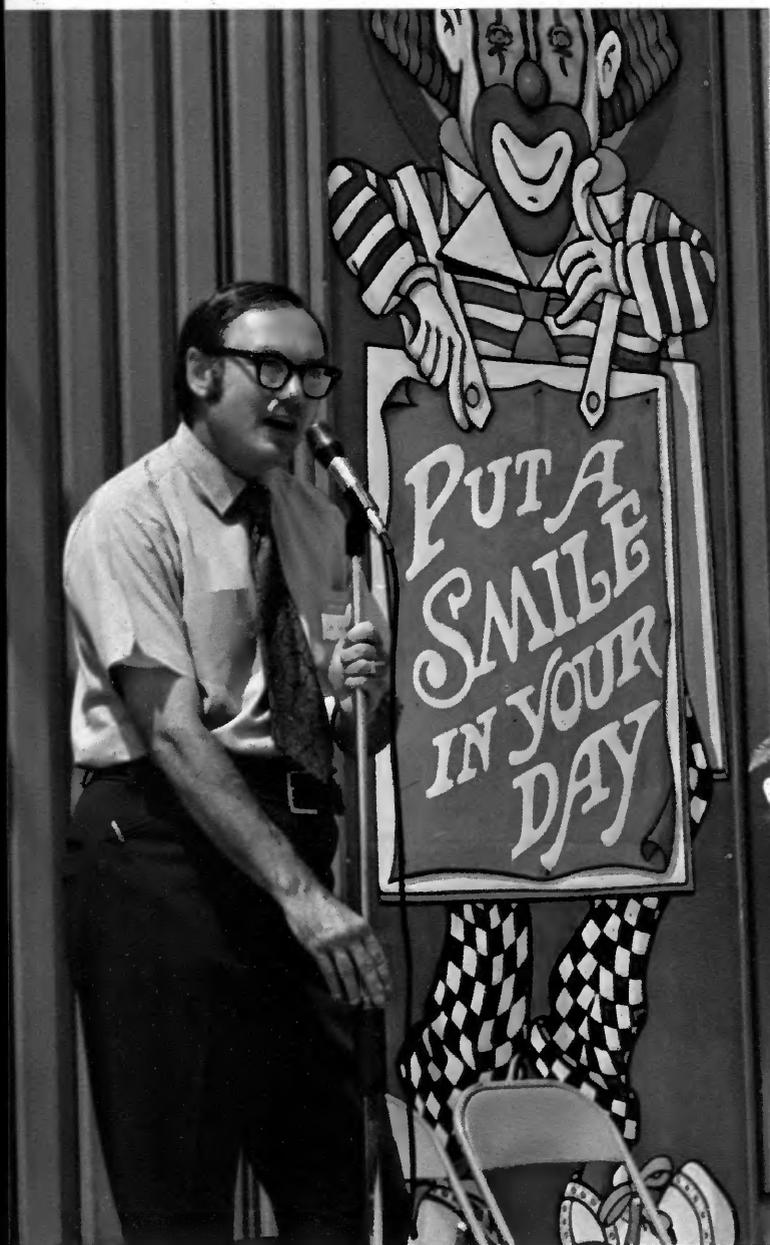
“One of the changes has been the building of Happy Hollow arena with a shaded seating capacity for 3,500 people,” Park commented. “The horse and pony pull contests and the hunter and jumper horse shows will be conducted there.”

Three major firsts at this year’s fair include the dancing waters, a sparkling symphony of water, music and colored lights; the Gooding’s million dollar midway, featuring over 70 key rides at lower prices; and the first showing of an energy crisis exhibit, developed by the Oak Ridge University and the Tennessee Valley Authority. The exhibit, which consists of 5,000 square feet, will go on national tour following the fair.

And as usual, “The Largest Livestock Show in the Nation” with over 13,000 head of livestock will provide keen competition. The Junior Department livestock shows are scheduled from the 11th through the 17th.

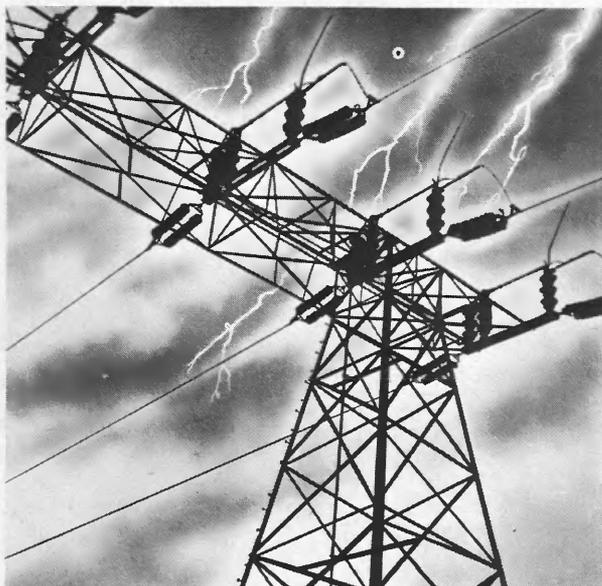
“This year’s fair has so much to see that if people spend less than a day, they’re just not going to see it all,” Park remarked.

When you plan to attend the 1973 Illinois State Fair, arrive early and stay late. And don’t forget to smile. That’s what it’s all about.



“Come smile with us,” commented State Fair Manager Bob Park. “We aim to live up to our slogan.”

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# WIPCO Battles Fuel Shortage

by William E. Dean  
AIEC Power Supply Department

What would you do if you entered into a hauling agreement, bought a new truck to do the job, and then found you could not get gasoline to operate it? Undoubtedly you would try to find some way to work around the problem, but you would also undoubtedly feel pretty frustrated. And, that is not too different from the situation in which Western Illinois Power Cooperative (WIPCO) finds itself.

The generation and transmission cooperative and its seven member systems serve approximately 35,000 members living in 19 west central Illinois counties. Those seven distribution cooperatives are Adams Electrical, Camp Point; Illinois Rural, Winchester; M. J. M., Carlinville; Menard, Petersburg; Rural Electric, Auburn; Spoon River, Canton, and Western Illinois, Carthage.

In 1972, looking forward to continuing growth in the electric requirements of its member cooperatives, WIPCO contracted for a new combustion turbine for their Pearl, Illinois plant to help meet its electrical generating capacity requirements. The turbine-generator set, rated at more than 21,000 kilowatt, would almost double WIPCO's generating capacity. It was ordered from General Electric at an installed cost of more than \$2 million.

With good planning, the unit was delivered and erected and all was in readiness to test it last May.

But by that time, the No. 2 fuel oil which the turbine burns was already in short supply, and WIPCO's usual fuel suppliers said they had none available.

Using his full influence, Don Bringman, general manager of



WIPCO, finally was able to line up a supply sufficient to fill the turbine's 300,000 gallon storage tank. This sounds like a lot, and it was fully adequate to test the machine and prove it to be in good working order. But, a 21,000 kilowatt combustion turbine consumes oil in what the average person would consider prodigious quantities. In fact, five days of continuous full load operation would exhaust the storage tank completely.

(continued on page 15)

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From atop of WIPCO's steam generating plant at Pearl, the cooperative's new turbine-generator set stretches out below. The power cooperative is finding it increasingly difficult to find enough fuel oil for its generating purposes.

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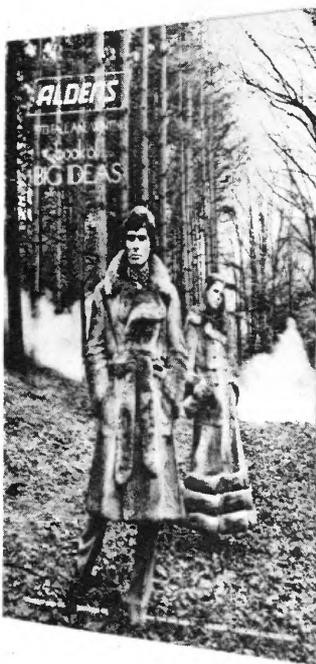
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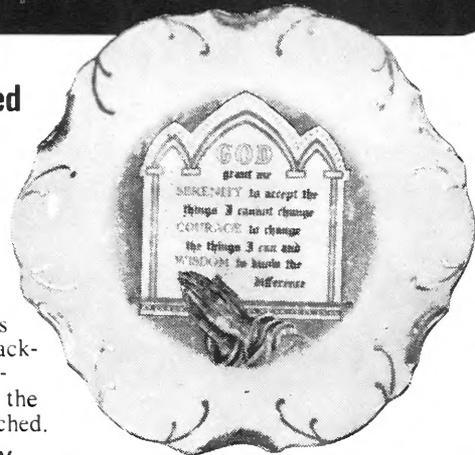
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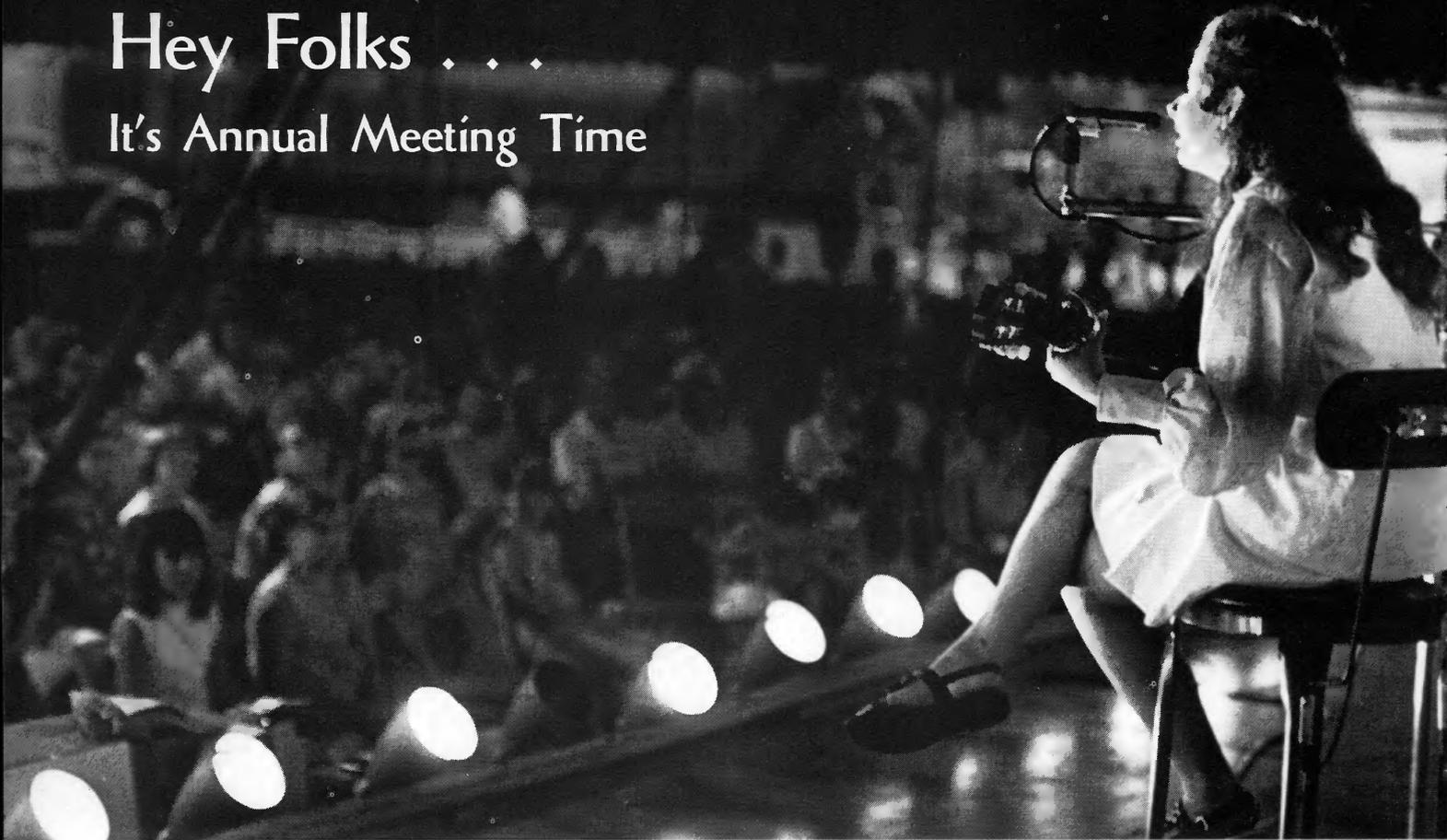
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NAME OF ORGANIZATION \_\_\_\_\_

PH 88

# Hey Folks . . .

## It's Annual Meeting Time



Whether it's held in a tent, at the local cooperative office, a near-by high school or the county fair grounds—your electric cooperative's annual meeting is an event you won't want to miss.

And at electric cooperative annual meetings, business does mix with pleasure.

Although programs vary, some include meals with families enjoying picnics before looking over displays of modern electrical appliances and then assembling for business sessions where affairs of the member cooperatives are fully discussed.

Business reports are considered, special matters discussed, votes tallied, action decided, directors elected. Here is where you can have your voice heard.

After the business comes the pleasure. Rollicking entertainment, visits with old friends and, at several electric cooperatives, the real crowd pleaser—the queen contest.

An electric cooperative manager once said: "There is nothing sure in life except death, taxes and annual meetings." No doubt he has experienced the tension and hard work that goes into an annual meeting.

So why do they do it? They do it because of you. Cooperative leaders realize that without a concerned and informed membership, the cooperative would be meaningless—everything that they have worked for and stood up for would have been to no avail.

And as many have said before—an electric cooperative is only as good as their members want it to be.

Attend your annual meeting this year. It's well worth your time.



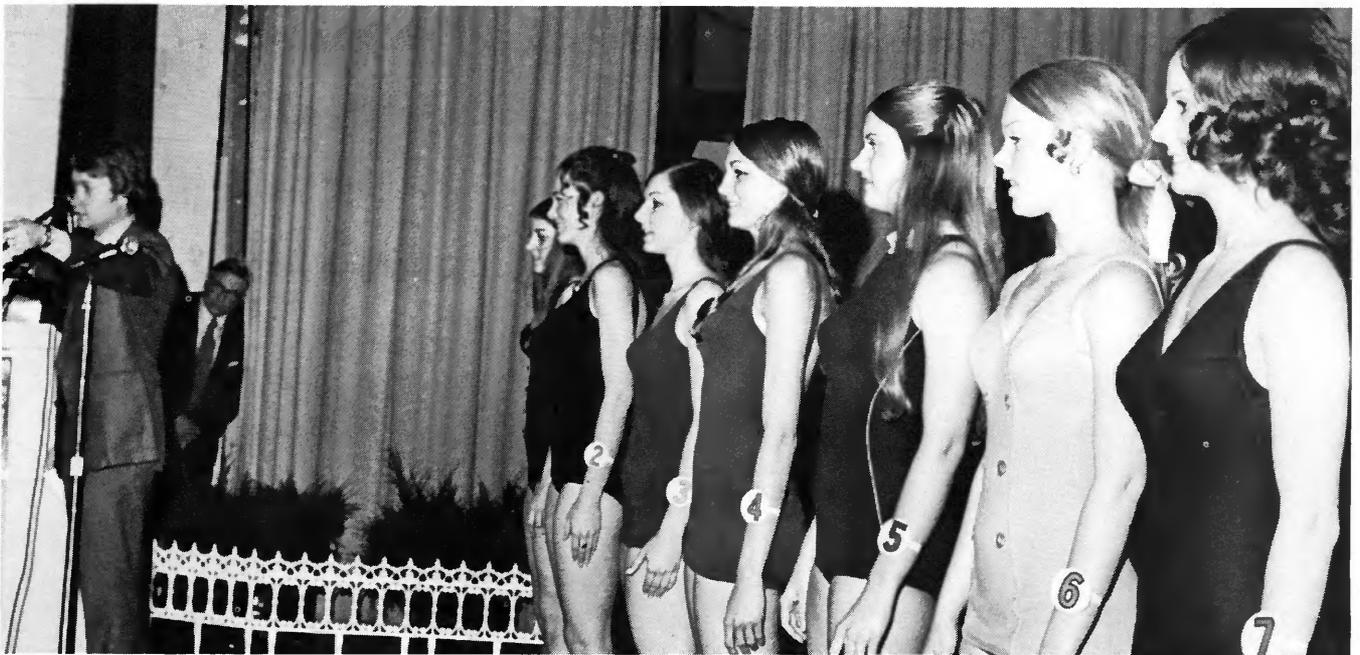
*McDonough Power Cooperative of Macomb always has a full house at their annual meeting.*



*Members of M.J.M. Electric Cooperative, Inc. of Carlinville register for their meeting.*



*Even the little people enjoy annual meetings.*



*At Eastern Illinois Power Cooperative, queen contestants nervously await the decisions of the judges.*

# What's New?



## Digi-Time III

Give your desk that executive look with the new Digital Alarm clock by Sunbeam. It has smoked wrap-around crystal in a sleek modern designed case. The clock is easy-to-view with white-on-black numerals and A.M. and P.M. designations. The Digi-Time stands on a pedestal base and is available in five color combinations.

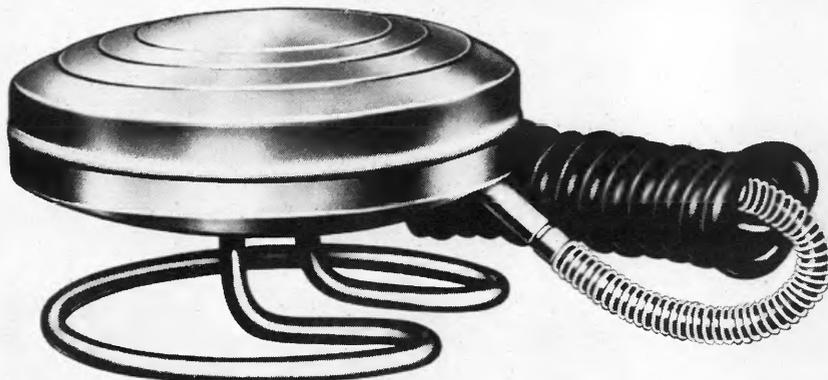


## Eliminator

A high pressure, portable washer is the latest addition to the L & A Products line. The Eliminator is designed for quick, complete clean ups in food processing plants and service stations. It is equally effective on small machines and equipment where a lower water volume is desired. With its portable features, it is an excellent farm tool in cleaning and sanitizing milk parlors, farrowing pens and cages. The washer weighs 65 lbs. and includes 25 feet of high pressure hose. It is powered by a 1/2-hp. motor with a 115 VAC.

## Chor-Eze

Ristance Corporation has introduced the "Chor-Eze" an electric stock tank de-icer. The floating de-icer maintains an ice free circle of water in stock tanks at low temperatures. It is automatic and is rated at 1000 watts. The unit is equipped with a high quality heating element that is controlled with a thermostat. The case is rust proof, the cord is shock proof and the unit carries a one-year guarantee.



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# WIPCO Battles Fuel Shortage

(continued from page 10)

Fortunately, continuous full load operation is not normally a requirement which the turbine must meet. In fact, it was installed to meet occasional extreme loads and as a reserve to supply power when the Pearl steam plant must be taken out of service for maintenance. These are, of course, expected to be rather infrequent events.

Therefore, the combustion turbine's normal appetite is expected to average about 50 to 80 thousand gallons per month, or perhaps about one million gallons per year.

However, Don Bringman would feel a lot more comfortable and sleep better if he could get some oil supplier to agree to sign a contract to sell up to a million and one-half gallons of oil a year and keep his storage tank full. So far, no supplier has been willing to sign.

WIPCO's needs for oil are not limited to supplies for the new combustion turbine. WIPCO also has five diesel units at Winchester and Pittsfield, with a total capacity of about 11,000 kilowatts. These are so-called "dual fuel" units—that is, they can run on either a mixture of natural gas and diesel oil or just plain diesel.

At present, because natural gas requirements are low in the summer, WIPCO is able to buy some gas to operate the diesels. This happy situation, however, will not last through the winter when domestic gas requirements will grow.

At that time, WIPCO will have to find oil for its diesels or plan on trying to do without them. At the moment, the storage tanks which have a total of about 300,000 gallon capacity, contain only about 50,000 gallons.

It is easy to understand that

WIPCO is more concerned about the fuel shortage than many of us. We who drive automobiles may have to limit our travel somewhat, but it is likely to be largely a matter of inconvenience.

Rather, WIPCO is more nearly in a position of the farmers who are worried about fuel supply for harvesting equipment and crop drying. If they are unable to obtain their minimum requirements, they face economic calamity, and perhaps, inability to meet their contractual obligations.

With the general fuel shortage, it seems that some sort of allocation system will be required. At present the President has ordered a so-called "voluntary" system. Under this system the oil suppliers are supposed to "voluntarily" allocate their supplies among their normal customers in about the same proportions as they did last year.

Some essential users, however, are in a "priority" class. This class includes essential municipal services, farmers' fuel needs for cultivation and harvesting, etc. Included in the "priority" class are requirements of the utilities for fuel.

This, however, is not likely to be sufficient to meet WIPCO's needs. As WIPCO's combustion turbine is new, it did not require oil last year. Thus, WIPCO will need four or five times as much fuel oil as it used a year ago. Accordingly, some sort of special allocation is needed.

There appears to be rather wide recognition that the "voluntary" allocation plan, which is administered by the Office of Oil and Gas in the Department of the Interior, is not likely to do enough to meet the essential requirements of the country. Therefore, it is expected that there is good probability that some sort of

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compulsory allocation system, likely including rationing, will be established rather soon. We may well find that rationing will limit our use of automobiles, but at least it will probably assure that the farmers can get sufficient oil to harvest their crops and do the necessary crop drying and that utilities like WIPCO will be able to operate their electric systems with, perhaps, only brown-outs rather than black-outs.

Whatever the final outcome, we can rest assured that WIPCO will do everything it possibly can to assure adequate and reliable electric service to its member-cooperatives.



**Cute isn't he**

A deer hunter from the city showed up the first day of the season at a backwoods general store dressed in a red hat, red jacket and red trousers. One of the old lodgers sitting around the stove, who maintained that a red hat was sufficiently conspicuous, looked the city fella up and down, down and up, spit out a cud of cut plug and twanged, "Ain't you taking an awful chance wearing them black boots?"

**Here's to You**

The newspaper reporter had just taken a picture of a man on his 98th birthday. He thanked the old gentleman, then added, "I hope I'll be around to take your picture again when you're 100!"

"Don't know why you shouldn't be," countered the oldster. "You look healthy enough to me."

**Lost Something?**

I love the story about the highway patrolman who catches up with a guy and says, "I'll have to give you a ticket because you don't seem to have any taillights." The driver walks to the rear of his car and says, "Oh my, Oh my," moaning and wincing. The cop says, "What's the matter, buddy, it's only a ticket." And the guy says, "Forget about your ticket, where's my trailer?"

**House Call**

About 200 doctors were attending a medical convention in one of the city's oldest hotels. After finishing his speech, one of the physicians sat down—and crashed to the floor as his chair collapsed.

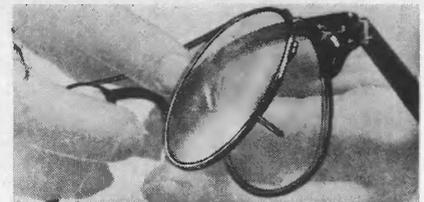
As he lay amid the wreckage, a voice called out from the rear of the room, "Is there a carpenter in the house?"

**Know Thyself**

A preacher coming into a new location was invited to join one of the civic luncheon clubs. In introducing him, the speaker facetiously said they were electing him to be the "chief hogcaller" for the club.

In respond, the preacher said: "Gentlemen, I certainly appreciate the very great honor you have conferred upon me. When I came to this community, I had expected to be shepherd of a flock; but of course you know your crowd better than I do."

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Not only are they interested, but it's their livelihood. And each year they sponsor what they call the World's Fair of Soil and Water Conservation. Last year nearly 20,000 persons attended. This year's show will be August 21-23 on the Donald and Ronald Lawfer farms located three miles east and three miles south of Stockton in Jo Daviess County.

"The slogan for the 1973 show," commented ILICA President William Largent of Tremont, "is 'Share a Whole New World on the Same Old Earth.' We plan to transform two farms, consisting of nearly 700 acres, right before the eyes of those who attend."

And he means what he says. Equipment firms will donate the use of more than \$1-million worth of equipment; ILICA members will donate their time and skill. And what a farmer would normally do over a 20-year graduated conservation plan will be done during the show.

Conservation methods to be featured include pollution control and environmental beautification practices such as tile drainage, grass waterways, PTO terraces, erosion control structures, woodland management, wildlife and pasture improvements, conservation tillage and ponds for water supply and fish.

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# MIDDAY ENTERTAINING

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### OVERNIGHT CRAB CASSEROLE

- 2 (7½ oz.) cans crab or 1 pound frozen crab, defrosted
- 2 tablespoons frozen or freeze-dried chopped chives
- 2 teaspoons lemon juice
- 3 cups, cubed French bread
- 8 oz. processed cheese food
- 3 tablespoons melted butter
- 1¾ cups milk
- 3 eggs, beaten
- ½ teaspoon salt
- 3 drops Tabasco sauce
- ½ teaspoon dry mustard
- Chives, for garnish

Drain crab and slice, reserving leg pieces for garnish. Toss lightly with chives and lemon juice. Cut bread in 1-inch pieces. Cut cheese into ¼-inch cubes. In buttered 1½ quart shallow casserole, arrange alternating layers of bread, cheese and crab-chive mixture. Drizzle with melted butter. Combine milk, eggs, salt, Tabasco sauce and dry mustard. Pour over crab mixture. Cover with foil and refrigerate overnight. Bake, uncovered, at 350 degrees 50 to 60 minutes, or until puffed and golden. Garnish with reserved crab legs and a sprinkling of chives. Makes 6 to 8 servings.

### HOT RELISH PEARS

- 1 (29 oz.) can Bartlett pear halves
- 3 tablespoons finely chopped celery
- 2 tablespoons finely chopped green pepper
- 2 teaspoons finely chopped pimento
- 3 tablespoons Kraft Italian dressing
- ¼ teaspoon salt
- Dash pepper

Drain pear halves. Combine celery, green pepper, pimento, 1 tablespoon salad dressing, salt and pepper. Place pears, cut side up, in baking dish and fill with relish mixture. Drizzle pears with remaining dressing. Bake at 350 degrees 15 minutes. Serve hot. Serves 6 to 8.

### SPICY PRUNE MUFFINS

- ½ cup chopped pitted prunes
- 1½ cups all-purpose flour
- 1½ teaspoons baking powder
- ½ teaspoon salt
- ½ cup sugar
- ½ teaspoon cinnamon
- 1 egg
- ½ cup dairy sour cream
- ¼ cup orange marmalade
- ⅓ cup melted butter
- Pitted prunes, quartered
- Chopped nutmeats

Combine prunes, flour, baking powder, salt, sugar, and cinnamon in bowl. Beat egg in separate bowl. Add sour cream, marmalade, and melted butter. Add all at once to dry ingredients, mixing just to blend. Spoon into well buttered muffin tins. Decorate the tops of each muffin with quartered prunes and chopped nuts. Bake in 375-degree oven 15 to 20 minutes. Makes 1 dozen muffins.

### BACON-CHEESE SOUFFLE

- ¼ cup butter
- ¼ cup flour
- ½ teaspoon salt
- 1 cup milk
- 1 (8 oz.) pkg. nippy spreading cheese
- 4 egg yolks, well beaten
- 4 egg whites, stiffly beaten
- 6 slices bacon, fried crisp

Melt butter in double boiler; add flour and salt; blend. Gradually stir in milk; cook, stirring constantly, until thickened. Remove from heat and stir in cheese. Add a small amount of the mixture to the beaten egg yolks. Return this mixture to pan and blend thoroughly. Carefully fold in egg whites, beaten stiff, but not dry, and 4 slices of bacon, crumbled. Pour into 2 qt. baking dish. Garnish with remaining 2 slices of bacon, also crumbled. Bake in a pan of hot water for 1 hour and 15 minutes at 350 degrees, or until mixture doesn't adhere to knife. Serves 6.

### BANANA NUT BREAD

- 3 bananas
- 1 cup sugar
- 2 cups flour
- 1 teaspoon baking powder
- 1 teaspoon salt
- 2 eggs
- 1 teaspoon soda
- ½ cup shortening
- ½ cup chopped nuts

Mash bananas and add sugar. Let stand 15 minutes. Beat eggs in. Sift dry ingredients. Dissolve soda in little water or milk. Add with shortening to banana mix. Add nuts, mixing thoroughly. Bake in greased loaf pan at 350 degrees until done.

### PARTY LOAF

- 1 loaf unsliced bread
- ½ cup cottage cheese
- 1½ cups grated Swiss cheese
- 1½ cups sharp Cheddar cheese
- ½ cup Hot Pepper cheese
- ½ cup pimento cheese
- ½ cup sour cream (dairy)
- 2 rounded teaspoons dry mustard
- ¼ cup mayonnaise
- ½ cup whipping cream
- 6 tablespoons minced sweet relish
- ¼ teaspoon Worcestershire sauce
- 3 cups cooked ham, diced
- 2½ cups toasted bread crumbs
- FROSTING: 8 ounces cream cheese
- 3 tablespoons pineapple juice
- Tomato wedges, Sweet pickle, Lettuce, optional

Cut ½ inch slice from the top of bread. Cut out center leaving ½ inch wall for the sides and bottom. Pull the bread removed from center into small pieces and toast, roll into crumbs. Grate all cheese and run through blender, add sour cream, mustard, mayonnaise, whipping cream, relish and Worcestershire sauce. Add ham and bread crumbs. Mix well. Fill the bread shell and replace the top. Wrap in waxed paper (tightly) and place in refrigerator over night. Mix cream cheese with pineapple juice and beat until fluffy. Cover all sides and bottom of loaf. Garnish with Tomato wedges, Sweet pickle design and lettuce. Cut into 2-inch slices and serve as a main dish. (loaf must be cut with a hot knife).

### FROZEN FRUIT IN CREAM SALAD

- 1½ cups cream, whipped
- 1½ cups canned peaches, drained and finely chopped
- 12 marshmallows, quartered
- 1 cup shredded coconut
- 1 cup crushed pineapple, drained
- ½ cup chopped nuts
- ½ cup maraschino cherries

Mix ingredients and freeze.

### SCALLOPED CHICKEN

- 2 chicken bouillon cubes
- 1 cup regular rice, uncooked
- 3 tablespoons butter
- 1 tablespoon onion, chopped
- 3 tablespoons flour
- 1 teaspoon salt
- ½ teaspoon pepper
- ½ teaspoon leaf marjoram
- 2 cups milk
- 1½ cups (6 oz.) Cheddar cheese, grated
- 2 to 4 tablespoons chopped pimento
- 2 cups cooked chicken, chopped
- ½ cup Cheddar cheese, grated
- 3 slices white bread, crusts removed, and cubed
- 2 tablespoons butter, melted

Cook rice following package directions, dissolving bouillon cubes in boiling water, before adding rice. In a 3-quart saucepan melt butter, saute onion; stir in flour, salt, pepper and marjoram. Remove from heat and gradually stir in milk; return to heat and cook stirring constantly until mixture thickens. Cook two additional minutes. Add grated cheese and pimento; stir until cheese melts. Add chicken and rice; turn into casserole. Sprinkle with remaining cheese. Toss bread cubes in butter; arrange around the edge of the casserole. Bake 20 minutes at 375 degrees.

### BLUEBERRY SALAD

- 2 boxes black raspberry gelatin
- 2 cups water
- 15 oz. blueberries
- ½ cup sugar
- ½ pt. sour cream
- 1 8-oz. pkg. cream cheese
- 1 15-oz. can crushed pineapple, drained

Mix gelatin according to directions, add blueberries and pineapple. Chill until set. Mix cream cheese, sour cream and sugar and ½ teaspoon vanilla together. Spread evenly on top of gelatin. Sprinkle with chopped pecans.

### SICILIAN MEAT ROLL

- 2 eggs, beaten
- 1½ cups soft bread crumbs
- 2 slices of bread
- 3 tablespoons catsup
- 2 tablespoons snipped parsley
- ½ cup milk
- ½ cup dairy sour cream
- ½ teaspoon oregano
- ¼ teaspoon salt
- ¼ teaspoon pepper
- 1 small clove garlic, minced
- 2 pounds lean ground beef
- 8 thin slices precooked ham
- 1½ cups (6 oz.) shredded Mozzarella cheese
- 3 slices American cheese, halved diagonally

Combine eggs, bread crumbs, catsup, parsley, milk, sour cream, oregano, salt, pepper, and garlic. Stir in ground beef, mixing well. On aluminum foil, pat meat to a 10 x 12-inch rectangle. Arrange ham slices atop meat, leaving a small margin around edges. Sprinkle shredded cheese over ham. Starting with 10 inch end carefully roll up meat using foil to lift and seal edges and ends. Place roll, seam side down, in 13 x 9 x 2-inch pan. Bake for 1 hour and 15 minutes at 350 degrees. Place diagonally sliced pieces of cheese on the roll, return to the oven for five minutes or until the cheese melts. Garnish with Stuffed Peaches.

### STUFFED PEACHES

- 1 (1 lb., 13 oz.) can peach halves
- 1 slice American cheese, shredded
- 1 teaspoon mayonnaise
- 2 teaspoons milk
- 1½ ounces cream cheese, softened
- 8 Maraschino cherries

Blend the mayonnaise, milk and cream cheese until smooth. Place mixture in peach halves and sprinkle shredded cheese over it. Top each peach with a cherry. Place this garnish around the meat roll and add a few sprigs of parsley.



### CREAMED EGGS WITH HAM AND ARTICHOKE

- 2 pkgs. (9 ozs. each) frozen artichoke hearts
- 1 bay leaf (optional)
- 2 cans condensed cream of mushroom soup
- 1 tablespoon chopped onion
- ¼ cup water
- ½ teaspoon salt
- ¼ teaspoon garlic salt
- Pepper
- 2 cups diced cooked ham
- 9 hard-cooked eggs, quartered
- 4 slices American cheese

Cook artichoke hearts as directed on package, adding bay leaf during cooking, if desired. Drain; remove bay leaf. Combine soup, onion, water, salt, garlic salt, and pepper. Mix well. Arrange artichoke hearts, ham, and hard-cooked eggs in a 3-quart casserole. Add soup mixture. Top with slices of cheese. Bake at 400 degrees for 25 to 30 minutes, or until cheese is lightly browned. Makes 8 servings.



SCENE IN THE BEST CIRCLES—Here are ultra-modern casuals for fall '73. Her reversible plaid cape matching the skirt. Soft pigskin shoes.

■ Designers are bringing out an English novel in the fall fashion picture. The clothes are classic. Very elegant, but easy and comfortable. So British you can almost smell the heather.

The woman for fall '73 is long familiar via books and movies. Sturdily shod, she is forever setting out for a walk across the moor, dressed in good tweeds and heavy sweater, with a long scarf flipped round her neck and a wooly tam perched on her head. Designers have taken this English country look and polished it up for city life.

Tweeds—Harris, herringbone and all the rest—plus tweedy knits turn up in every facet of fall fashion. Along with them go other fabrics, with the stamp of British country life: flannel, cashmere, camel's hair, shetland wools, challis and mohair.

In color, the camels are coming, bringing in their train a lot of earthy brown. These range from clay to the rich brown of good delta land. Pine green, red and winter whites brighten the landscape. And the fall harvest will bring a vintage year for Burgandy and claret.

Big shapes are big news. But the size better be in the clothes and not



The driller making her mark in Fire Islander Antares trimmed tunic and pants. Quilted flannel banded in fox, worn with matching sweater and crepe blouse.



Cocktail costuming with sheer wool shot with pink multi-metallic knit. Big wrap coat in beige with raccoon collar and cuffs—matching wool dress.



## With an English Accent

# BIG NEWS in fashion

in you. The whole idea is to be fragile, little you down under all those wrappings.

Sweaters and bulky clothes can be a disaster on the wrong woman. Fortunately, bigness comes in many different shapes.

Thick or thin, designers are made for sweaters. They show them as suit jackets, as coats, as dresses and occasionally even as sweaters.

Best loved is the thick shawl colored sweater that covers the hips. Not infrequently, its collar is faced with fur, raccoon and fox being favorite choices. Buttoned and belted, this is the sweater used most often to jacket a suit.

Next in order are twinned and tweedy sweater sets. The cardigan is long and lean, the pullover waist length or to the hips. Some pullovers are styled like sweatshirts blousing out over a ribbed band. Other long stretched out models are, for obvious reasons, dubbed "fanny sweaters."

Skirts that go with sweaters or jackets and skirts on dresses as well all have walking ease and graceful motion. One grand finale for the long sweater is a round of bog pleats. Box pleated skirts also are fine companions for long jackets and shirts. Other

knee level ease comes from bias cuts, gores and deep inverted pleats.

The shirt still sets the pace in the tops department. For a softer touch, there are blouses with a scarf or bow-tied neckline and a new addition, wrap-tied blouses.

The shirt dress, although it abounds in every length and in every fabric from sweaterknit to lame, is no longer the only dress around.

Four big shapes, 1973 brings back the chemise and tent. The chemise gently touches all bases, but leaves the waist free. The tent is skimmed down or just a shade more than a princess silhouette. Both shapes can be transformed with a belt.

The blouson is another revival. This time around, its skirt is easy, not a tight fitting sheath as before. Not only dresses but also jackets and sweaters are addicted to blouson looks.

Coats have their big looks, too. Some are loose and wrappy. Dominating the collections are the trench coat and the polo coat. A surprising number of them have wide lapels, collar and cuffs of fur.

Not surprising in a year when "big" is the message is the renewed interest in furs such as fox and rac-



Country look in District check—hacking jacket and pant with turtle-neck. Stormy tree print creates 3-part look with pleated skirt, jacket, turtleneck.

Photos from The New York Couture Business Council, Inc.

coon. Furs can be the height of elegance, or just a bit of luxurious fun. To dream about are the sabels, the mink and broadtail in coats as beautifully detailed as dresses. Not all of them are full length. The little fur jacket is with us again.

Cheers for trousers, still the captain of the squad in female wardrobes. Pants are tubular and cuffed with some high waists and cinched waists—the hot silhouette of the season.

Evening clothes remain understated. The ballgown seems to have passed into history. The key word is simplicity.

Male fashions are similar in many ways. Coordinated classics are mixed and matched and the layered look is seen as never before. Plaids are important to young men, too. Young men are neatly attired this year. Starting with pants, they are wearing them cuffed and flared. The U and V necked sweater over a shirt completes the image, unless that sweater is a shawl-collared cardigan or a clinging turtleneck.

When it's time to suit up, the story is in three pieces. Traditional vests, along with bouncy bow ties, have returned as the mark of the well-dressed.

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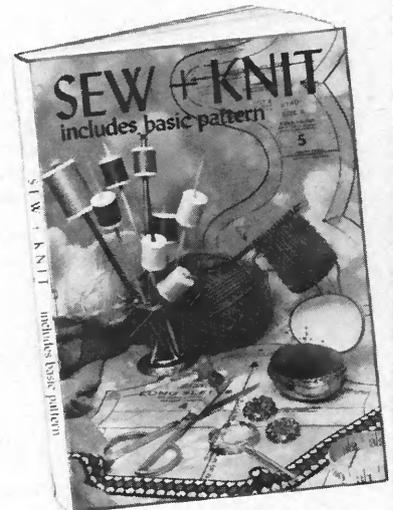
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| 15 Quilts for Today #3      | <input type="checkbox"/> 50¢    |
| Book of 16 Jiffy Rugs       | <input type="checkbox"/> 50¢    |
| Instant Fashion Book        | <input type="checkbox"/> 1.00   |
| Complete Afghan Book #14    | <input type="checkbox"/> 1.00   |
| Instant Macrame Book        | <input type="checkbox"/> 1.00   |
| Instant Sewing Book         | <input type="checkbox"/> 1.00   |
| Easy Art of Hairpin Crochet | <input type="checkbox"/> 1.00   |
| Instant Crochet Book        | <input type="checkbox"/> 1.00   |

Enclosed is \$\_\_\_\_\_. Please send the books checked at left.

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# Rural Exchange

Reaching Over 500,000  
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5 h.p. add-a-phase, used three months, like new. P.O. Box 1005, Springfield, Ill. or call 217 787-1572.

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4929  
10-18  
12½-22½



4971  
SIZES  
34-46



9360  
10½-18½



9382 SIZES 8-18

4522  
TEEN  
SIZES  
10-16



4995 SIZES 8-18



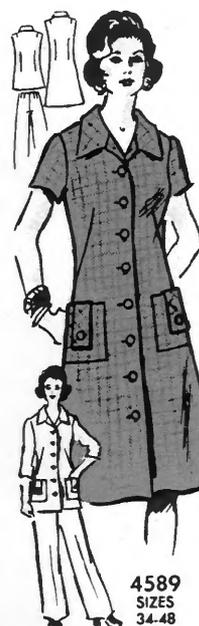
9021  
SIZES 10½-18½



9005 SIZES 10½-18½



9047  
SIZES 6-14



4589  
SIZES  
34-48



9020  
12½-22½



4510  
SIZES  
8-18

- No. 4929 is cut in sizes 10, 12, 14, 16, 18; 12½, 14½, 16½, 18½, 20½, 22½. Yardage in pattern.
- No. 4971 is cut in sizes 34, 36, 38, 40, 42, 44, 46. Size 36 (bust 40) takes 2 yards 60-inch fabric.
- No. 9360 is cut in sizes 10½, 12½, 14½, 16½, 18½. Size 14½ (bust 37) takes 2½ yards 45-inch fabric.
- No. 9382 is cut in sizes 8, 10, 12, 14, 16, 18. Size 12 (bust 34) tunic pants 3 yards 60-inch fabric.
- No. 4522 is cut in Teen sizes 10, 12, 14, 16. Size 12 (bust 32) dress, kerchief 3⅝ yard 45-inch fabric.
- No. 4995 is cut in sizes 8, 10, 12, 14, 16, 18. Size 12 (bust 34) takes 2¾ yards 39-inch fabric.
- No. 9021 is cut in sizes 10½, 12½, 14½, 16½, 18½. Size 14½ (bust 37) take 1⅝ yards 60-inch fabric.
- No. 9005 is cut in sizes 10½, 12½, 14½, 16½, 18½. Size 14½ (bust 37) takes 2¾ yards 60-inch fabric.
- 9047 is cut in sizes 6, 8, 10, 12, 14. Size 10 takes 2¼ yards 45-inch.
- No. 4589 is cut in sizes 34, 36, 38, 40, 42, 44, 46, 48. Size 36 (bust 40) takes 2⅜ yards 60-inch fabric.
- No. 9020 is cut in sizes 12½, 14½, 16½, 18½, 20½, 22½. Size 14½ (bust 37) takes 2¼ yards 45-inch. Transfer.
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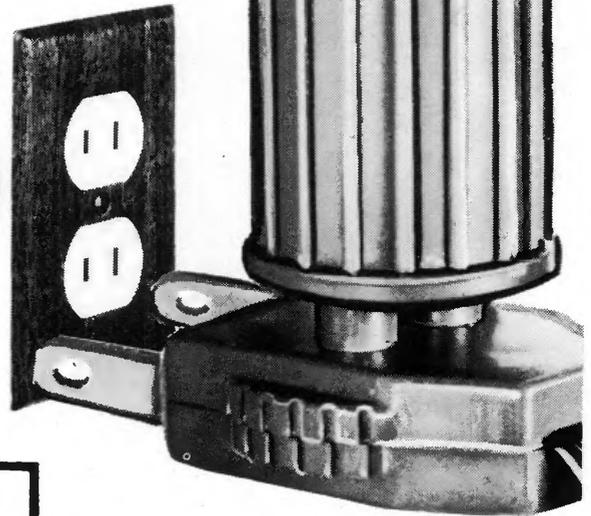
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