

## 75th Annual Meeting



**Kelly Hamm**  
Energy Services Manager

**P**reparations for your 75th Annual Meeting are in full swing. Mark your calendar now and plan to join us at The Crossing in Macomb on Thursday, August 23. Registration and meal service will begin at 5 p.m. Vendors will be on site to display their products and services, the ever-popular kettle corn will be available, Highway 99 from Mt. Sterling will entertain prior to the business meeting, and the list continues. You will not want to miss the Energy Efficiency Wall, which will be on display to show how you can improve your homes efficiency. The business meeting will begin at 7 p.m. with prizes to follow. This is sure to be a fun event for all ages.

While planning for this year's meeting it has been entertaining to look back over the history of McDonough Power Cooperative annual meetings. Boy, how the times have changed! Back in the day, the co-op had basket dinners (I know them as potlucks), moving picture shows, they held contests – everything from horseshoe pitching to hog and husband calling to pie and cake baking and let's not leave out, square dancing. Prizes varied from cans of oil and ashtrays to waffle irons and VCR's. Wow, I cannot imagine giving away ashtrays these days. Again, the times have changed!

While we're not handing out cans of oil or holding any contests, we will be sure to make this an event you will remember. We will highlight photos from the past and present. Each member attending will receive a history booklet reflecting what has happened at McDonough Power over the past 75 years. **6115A7-168A**

So, as they said in the past – come to your annual meeting and bring your neighbor-members.



### Top Ten Reasons to attend your annual meeting:

10. Enjoy the delicious, FREE dinner
9. Take home a great gift from the cooperative
8. Kettle corn (enough said!)
7. Hear some great entertainment from Highway 99
6. Socialize with other cooperative members – greet old friends and meet new ones
5. Meet your cooperative employees and directors
4. Discover what area vendors have to offer
3. Find out what's going on at your cooperative
2. Cupcakes – it wouldn't be a celebration without cupcakes

And the number one reason you should attend your cooperative's Annual Meeting is:

1. It's your cooperative! You are a member, and as a member you own the business – so find out more about how you personally benefit from being a cooperative member.



# McDonough Power Cooperative

1210 West Jackson Street  
P.O. Box 352  
Macomb, Illinois  
61455-0352

309-833-2101

[www.mcdonoughpower.com](http://www.mcdonoughpower.com)

Office hours:  
7 a.m. - 4 p.m. - Weekdays

## DIRECTORS

Michael Cox, Chairman

Steve Lynn, Vice Chairman

Steve Youngquist, Secretary

Stan Prox, Treasurer

Robert J. Dwyer

Steve Hall

Walter Lewis

Jeffrey Moore

Jerry Riggins

John D. McMillan, Attorney

All Co-op Electric  
Outages 837-1400

A Touchstone Energy® Cooperative  
The power of human connections



## Nominating committee meeting scheduled for June 5

Members of the 2012 nominating committee have been appointed by the McDonough Power Cooperative board of directors. The committee will meet on June 5, 2012 at The Red Ox in Macomb at 7 p.m. to nominate candidates for election to the board of directors at the 2012 annual meeting of members to be held August 23 at The Crossing in Macomb.

**District 1** – (composed of the West half of Scotland Township and East half of Chalmers Township in McDonough County): Brian Waller, 11238 E 1000th St., Macomb.

**District 2** – (composed of all Lamoine, Bethel and Industry Townships in McDonough County and parts of Brooklyn, Littleton and Oakland Townships in Schuyler County): Brett Isley, 354 E 1200th St., Littleton and Lisa Hood, 14420 N 0th Rd., Littleton.

**District 3** – (composed of all Hire, Tennessee, Colchester and the West half of Chalmers Townships in McDonough County and parts of Fountain Green and Hancock Townships in Hancock County): Chris Fentem, 11435 E 150th St., Colchester.

**District 4** – (composed of all Blandinsville, Sciota and Emmett Townships in McDonough County): Lee Calvert, 8045 N 1750th Rd., Sciota.

**District 5** – (composed of the East half of Scotland and all of New Salem, Eldorado and Mound Townships in McDonough County and part of Harris, Farmers and Vermont Townships in Fulton County): Steve Pigg, 20320 N 1700th Rd., Bushnell and Leon Solomon, 9885 E 1600th St, Macomb.

**District 6** – (composed of all Macomb, Walnut Grove, Bushnell and Prairie City Townships in McDonough County and part of Lee in Fulton County): Don Crawford, 13813 state Route 9, Good Hope.

**District 7** – (composed of all Raritan and Media Townships in Henderson County and Point Pleasant, Swan Creek and Greenbush Townships in Warren

County): James Grant, 497 20th Ave., Roseville.

**District 8** – (composed of all Biggsville in Henderson County and Tompkins, Ellison, Roseville, Lenox, Monmouth and Spring Grove Townships in Warren County): Brad Corzatt, 846 90th St., Berwick and Angela Lewis, 760 26th St., Roseville.

**District 9** – (composed of Kelly, Coldbrook, Floyd and Berwick Townships in Warren County and parts of Galesburg, Cedar and Indian Point Townships in Knox County): Lauren Still, 1476 190th Ave., Cameron. **748C5-606C**

The bylaws of the cooperative provide that nominations to the Board of Directors may be made by (1) the Nominating Committee, (2) a petition signed by 15 or more active members, the petition must be received at the principal office of the cooperative at least 30 days before the annual meeting or (3) nominations can be made from the floor at the annual meeting.

The terms of directors from Districts 2, 5, and 8 expire this year. Directors presently serving on our Board of Directors are: District 1, Michael D. Cox; District 2, Jerry Riggins; District 3, Walter Lewis; District 4, Stan Prox; District 5, Steven L. Lynn; District 6, Jeffrey N. Moore; District 7, Steve Hall; District 8, Robert Dwyer; and District 9, Steven Youngquist.



**Our office will  
be closed for  
Independence Day  
on July 4, 2012.**

# Protect yourself against CO poisoning

**P**rotect yourself and your family against CO poisoning at work and at home. Carbon monoxide is colorless, odorless, tasteless, and potentially deadly. And it's the leading cause of accidental poisoning deaths in the United States.

Carbon monoxide, or CO, prevents oxygen from being absorbed into the bloodstream. Without oxygen, of course, the body stops functioning properly, causing damage to tissues and the brain that can lead to disability and death. CO is produced by many common household and workplace appliances: gas water heaters, kerosene space heaters,

gasoline and diesel power generators, and others; cigarette smoke, spray paint, and paint removers are also possible sources. **5310LGH13-260B**

Because you can't see it or smell it, be on the lookout for these symptoms:

- Shortness of breath
- Headache
- Dizziness
- Nausea/vomiting
- Mental confusion
- Impairment of vision and/or hearing
- Loss of consciousness
- Feeling chilled

Your first and best line of defense is a reliable CO detector. Check and change its batteries regularly, or install detectors that plug into a standard AC outlet. In addition, have your heating/air conditioning appliances serviced yearly to make sure they're not leaking CO into your home or office. Avoid using any kind of fuel-burning appliance indoors.

Victims of CO exposure should seek medical attention immediately.

# Seek a safe haven when you travel

**W**hen you're traveling, whether on business or vacation, your hotel should be a safe sanctuary. But thieves can rob you of your security along with your valuables unless you're careful. Take these simple precautions to prevent your trip or vacation from becoming a nightmare:

- Pick the safest room. Generally, higher rooms are safer from thieves and criminals. Though if you're nervous about fires or other possible emergencies, you may want to be closer to the ground where rescue is more practical.
- Check your security. Make sure the doors are secure and self-closing, and lock automatically. Deadbolts should have at least a one-inch bolt. Make sure your windows close and lock firmly, and that any balconies can't be accessed from the room next door. Don't be afraid to ask for another room if necessary.
- Don't open the door for strangers. A surprise visit from a maid or a room service delivery you aren't expecting could be trouble. If you're at all uncertain, contact the front desk to question whether the person outside is really a hotel employee.
- Watch your valuables. Before leaving on your trip, photocopy your

credit cards and other documents, and take pictures of any jewelry or valuables you're bringing with you (if you must bring them at all). This will come in handy if they're lost or stolen. Don't let your luggage out of your sight. Take your laptop or other important items with you when you leave the room, or lock them in the hotel safe.

- Know where you are. Pick up a few business cards in the lobby when you check in, and keep them with you at all times. Leave one

near your room phone as well. A large city may have more than one Westin or Sheraton, and if you get lost or need to tell someone where you are, you want to have accurate information readily available.



## Energy Efficiency

### Tip of the Month

Want to beat the heat? Run appliances like dishwashers and dryers late in the evening to keep the heat from affecting your comfort. Use cold water to wash clothes, and remember to unplug electric chargers, televisions, and any appliances when you are not using them. Learn more ways to save at [TogetherWeSave.com](http://TogetherWeSave.com).

Source: Touchstone Energy® Cooperatives



# Watch for signs of heat illnesses

**W**ith the onset of summer comes lots of fun outdoor activities — whether you're lying by the pool or playing on a baseball field. Keep heat stress at bay — no matter your sun-soaked activity of choice — by knowing how to prevent heat-related illnesses and recognize the symptoms in yourself and others.

## Heat Stroke

The most serious of heat illnesses, heat stroke, can be deadly and swift. Your body temperature could rise to 106 degrees Fahrenheit or more in as little as 10 to 15 minutes. Heat stroke happens when your body temperature rises rapidly but cannot sweat quickly enough to cool itself. Symptoms include hot, dry skin or the opposite — profuse sweating, hallucinations, chills, throbbing headache, confusion or dizziness, and slurred speech. **5310D3A-260B**

If you see someone with the symptoms of heat stroke, immediately call 911 and move the person to a shady area. Try misting the person with cold water, soaking his or her clothes, or fanning the body.

## Heat Exhaustion

Heat exhaustion is the result of heavy sweating — extreme loss of salt and water. People prone to heat exhaustion include the elderly, those with high blood pressure, or people who work in hot conditions. Besides excessive sweating, symptoms include extreme weakness or fatigue, dizziness and confusion, nausea, clammy skin, muscle cramps,

and shallow, rapid breathing.

If a person suffers from heat exhaustion, move him or her to a shaded or air-conditioned area. The victim should drink cool — non-alcoholic — beverages and take a cool shower or bath.

## Heat Syncope

Sun-bathers may be prone to heat syncope, which is dizziness or fainting after lying (or standing) for long periods of time. Dehydration can contribute to an episode of heat syncope, so keep that water bottle handy when you head to the pool or beach.

If you feel dizzy after lying for a long time, sit or lie back down in a cool place and sip on a cool beverage — water, sports drinks, or clear juice.

## Heat Cramps

Folks who work or play sports outside in the heat may suffer from heat cramps, which result from low salt levels after heavy sweating. Stay alert if you feel cramping because it could be a symptom of heat exhaustion. Heat cramps usually are felt in the arms, legs, or abdomen.

If you feel them, stop what you're



doing, sit in a cool place, and drink clear juice or a sports beverage. Take it easy for a few hours after you no longer feel the cramps — if you return to your activity, the condition could transition to heat exhaustion or heat stroke. If you have heart problems, are on a low-sodium diet, or the cramps do not go away in an hour, call a doctor.

## Heat Rash

Heavy sweating can cause a heat rash during hot, humid weather. It looks like a red cluster of pimples or small blisters that usually pop up on the neck or chest, groin, and in the crook of your elbow. You can't do much to treat heat rash besides keep the area dry and use baby powder to alleviate discomfort.

Source: U.S. Centers for Disease Control

**Right of way crews will begin tree and brush trimming and spraying in July. Watch for more details in the next issue of The Wire.**

**MEMBER PRIZES**

Every month we will have four map location numbers hidden throughout The Wire. If you find the map location number that corresponds to the one on your bill (found above the usage graph), call our office and identify your number and the page that it is on. If correct, you will win a \$10 credit on your next electric bill.

